



SMOOTHIES

Mensa Mango | \$6³⁹

Bananas, peaches, strawberry, mango, orange juice, yogurt

Twisted Elvis | \$6³⁹

Bananas, peanut butter, chocolate, milk

Green Monster | \$6³⁹

Kale, bananas, pineapple, apple juice

Back to Basics | \$6³⁹

Strawberry, banana, orange juice, yogurt

BREAKFAST

Served until 11 am

Always Sunny | \$5⁹⁹

Toasted brioche topped with chicken sausage, melted cheese, sunnyside up egg, served with a cantaloupe wedge

Nacho Mama | \$9⁴⁹

Eggs scrambled with chicken chorizo, onions & tomatoes served on toasted sourdough with black bean spread and topped with pico de gallo, salsa verde, avocado, queso fresco, arugula, served with a cantaloupe wedge

Omelet It Be | \$5⁹⁹

Two egg omelet with spinach, onion & mushroom topped with cheddar jack cheese, served with 9-grain toast, cantaloupe wedge

Chilaquiles Amigos | \$7⁹⁹

Chicken, chorizo scrambled eggs mixed with bell peppers, tortilla chips and salsa verde topped with pico de gallo, avocado, queso fresca and cilantro, served with flour tortilla, cantaloupe wedge

French My Toast | \$6⁴⁹

Two slices golden-brown french toast topped with whipped ricotta, honey butter, powdered sugar, berries, maple syrup

Hottie Hotcakes | \$3⁹⁹

Three home-style pancakes served with whipped ricotta, honey butter, powdered sugar, blueberries, maple syrup

SALADS & SOUPS

Fruit of our Labor | \$10⁷⁹

Medley of seasonal fruits, vanilla yogurt, banana bread cream cheese sandwich

Tomato Basil Soup | \$2⁵⁹

Crushed tomatoes, vegetables, basil

BURGERS

Served with choice of dressed organic mixed greens or a cup of soup. Sub fries \$2, sweet potato fries \$3

Classic Burger* | \$11⁹⁹

Juicy ground beef on a brioche bun, lettuce, tomato, secret sauce, pickles. Add cheese \$0.79

Veggie Black Bean Burger | \$10⁹⁹

Brioche bun, lettuce, tomato, secret sauce, pickle Add cheese \$0.79

PANINIS

Whole served with choice of lightly dressed organic mixed greens or a cup of soup. Sub fries \$2, Sweet potato fries \$3.

Half is served with both lightly dressed organic mixed greens and cup of soup.

Sweet Dreams Are Made of Cheese | \$8⁹⁹ |

\$7⁹⁹

Grilled cheese with provolone, cheddar, Boursin cheese on toasted sourdough, pickle

Plucking Good | \$11⁹⁹ | \$9⁹⁹

Shaved chicken, chipotle mayo, provolone, lettuce, tomato on toasted sourdough, pickle

Talk Turkey To Me | \$14⁹⁹ | \$10⁹⁹

Shaved peppered turkey breast, cranberry chipotle mayo, arugula, Havarti cheese, avocado on toasted sourdough, pickle

Baconado LT | \$14⁹⁹ | \$10⁹⁹

Double smoked bacon, lettuce, tomato, avocado, mayo on toasted sourdough, pickle

Reu-ben Around | \$11⁹⁹ | \$9⁹⁹

Corned beef, Havarti cheese, sauteed sauerkraut, Russian dressing on rye, pickle

FLATBREADS

Margherita | \$8²⁹

Tomato, fresh basil, mozzarella cheese, olive oil

Tri-Colore | \$8⁷⁹

Local farm greens, balsamic vinegar, parmesan, tomatoes

The Meat Monger | \$10³⁹

Pepperoni, Italian sausage, mozzarella, signature red sauce, roasted garlic

DESSERT

Brownie with Ice Cream | \$3⁹⁹

House-made brownie topped with vanilla ice cream, chocolate drizzle

HAPPY HOUR

\$1 Off Beer, \$2 Off Wine 3-5pm

Sliders | \$8⁹⁹

Two beef sliders on brioche bun, shallot jam, cheddar, secret sauce, pickles, arugula

Nutt'in Better | \$4⁴⁹

Veggies, apple slices, freshly ground peanut butter

Chips and Dip | \$5²⁹

Pico de gallo, avocado dip, tortilla chips

Hummus Among Us | \$6⁷⁹

Hummus, pita chips, veggies

WEEKLY SPECIALS

MONDAY

TOAST Served until 11 am

Don't Get Salty | 3⁹⁹

Avocado spread, maldon sea salt, black pepper, cilantro on toasted sourdough

SALAD

Kale Me Caesar | \$5⁹⁹

Kale, romaine, cherry tomatoes, shaved parmesan, caesar dressing, pea sprouts, toasted soy nuts

Add chicken \$3, Add peppered turkey \$4

SOUP

Split Pea | \$2⁵⁹

Split peas, carrots, onions, celery, bay leaf, garlic

INTERNATIONAL

Poke Bowl | \$11⁵⁹

Ahi tuna, brown rice, cucumber, avocado, edamame, shredded carrots, green onion, sesame soy vinaigrette, sriracha mayo, sesame seeds

TUESDAY

TOAST Served until 11 am

Coma-Toast | 3⁴⁹

Cinnamon sugar, butter double sided on toasted brioche

SALAD

Garden of Eat It | \$7³⁹

Mixed greens, dried cranberries, sliced radish, lemon citrus dressing

Add chicken \$3, Add peppered turkey \$4

SOUP

Coconut Red Lentil | \$2⁵⁹

Coconut cream, red lentil, tomatoes, onions, carrots, peppers, celery, curry powder, ginger

INTERNATIONAL

Hummus Bowl | \$9⁹⁹

Hummus, cucumber, tomato, kalamata olives, feta, pepperoncini, pita chips, spring mix, olive oil, paprika

Add green falafel \$3, Add sliced gyro \$4

WEDNESDAY

TOAST Served until 11 am

It's My Jam | 3⁹⁹

Strawberry jam, butter, honey, choice of almond or peanut butter on toasted 9-grain topped with peanuts and mint

SALAD

Superfood Salad | \$7⁹⁹

Kale, cabbage, carrots, edamame, blueberries, dried cranberries, strawberries, sunflower seeds, cashews, pomegranate dressing

SOUP

Chicken Vegetable | \$2⁵⁹

Chicken breast, carrots, onions, celery, zucchini, cabbage, broccoli, garlic, parsley

INTERNATIONAL

Mushroom Agnolotti Bowl | \$9⁹⁹

Mushroom agnolotti ravioli, chunky tomato sauce, basil, broccoli, carrots, onions, parmesan

THURSDAY

TOAST Served until 11 am

Ricotta Be Kidding | 3⁹⁹

Honey-ricotta spread, Fuji apple slices, walnuts, mint on toasted 9-grain bread

SALAD

Chop Chop Salad | \$6⁹⁹

Romaine and arugula mix, kalamata olives, feta, balsamic artichokes, pepperoncini, roasted chickpeas, grape tomatoes, white balsamic vinaigrette

Add chicken \$3, Add peppered turkey \$4

SOUP

Mushroom Bisque | \$2⁵⁹

Mushrooms, garlic, vegetable broth, non-dairy cream, onion

INTERNATIONAL

Chicken Quesadilla | \$9⁹⁹

Seasoned chicken breast, Chihuahua cheese, black bean salsa, cilantro and onion mix, cabbage and spring mix blend on a wheat tortilla

FRIDAY

TOAST Served until 11 am

Smokey The Salmon | 7⁹⁹

Smoked salmon, pineapple habanero cream cheese, cucumbers, shallots, chives on toasted sourdough

SALAD

Staying On Beet | \$7⁹⁹

Romaine, arugula, roasted corn, green apples, avocado, quinoa, lemon citrus vinaigrette

Add chicken \$3, Add peppered turkey \$4

SOUP

Vegetable Minestrone | \$2⁵⁹

tomatoes, potatoes, mixed vegetables, kidney beans, garbanzo beans, pasta, parmesan cheese

INTERNATIONAL

Tikka Masala Cauliflower | \$9⁹⁹

Cauliflower, garbanzo beans, potatoes, tikka masala sauce, brown rice, cilantro, green onion